

CHIPOTLE MEXICAN MEATBALLS

1 lb ground beef
1 small onion, finely chopped
1/4 tsp garlic powder
1/4 tsp crushed red pepper flakes
1/4 tsp oregano
1/4 tsp dried cilantro flakes
1/2-3/4 tsp chipotle chile powder
1 1/2 tsp cumin
1 tsp salt
1/2 tsp pepper
splash of milk

Preheat oven to 350°F.

Mix all of the ingredients together and thoroughly work the spices into the meat (you may need to use freshly washed hands to do this).

Scoop 1-inch meatballs (or your preferred meatball size) onto a foil lined baking sheet. Bake for 10 minutes, or until cooked through.