

## **AVOCADO SALSA**

(from *The Whole Life Nutrition Cookbook*)

2 large avocado, diced  
1/2 small red onion, finely diced  
2-3 Tbsp freshly squeezed lime juice  
1/4 c. chopped cilantro  
pinch sea salt, or to taste

Place all ingredients into a small bowl and gently mix. Serve immediately or refrigerate for up to 2 hours.